

“ΜΑΝΟΣ”



**GREEK FISH TAVERNA
SYMI ISLAND – GREECE
& D MARIS BAY**

DATÇA PENINSULA
TURKEY

MANOS FIX MENUS

Fisherman on the Boat

Mix Fried Fish for 2 persons in 1 plate (prawns, calamari, fish)
(F)(CR)(MO)(G)



Fish Grill in Salt for 2 persons

Manos speciality for many years LOCUM. Manos sea bass in salt with Greek Salad and tarama.
(F)(D)



Solo Meze for 4 persons (Greek Style)

with Greek Salad
(F)(MO)(S)(CR)(D)(G)(A)



Solo Meze for 2 persons (Greek Style)

with Greek Salad
(F)(MO)(G)(CR)(D)(S)(A)



Mix Manos Half & Half for 2 persons

Half meze, half fish grill, including salad
(D)(G)(MO)(CR)(S)(F)(A)



Santa Marina Mix Grill

Seafood mix grill plate for 2 personsPrawns, calamari, octopus, fish and salad
(D)(G)(MO)(CR)(F)



Manos Symi Special Plate for 2 persons

Salad, seafood mezes, prawns, fish and lobster
(D)(S)(A)(CR)(MO)(F)(G)(EC)



If you have any concerns regarding to food allergies, please inform the service personnel before ordering.

(G) Gluten (D) Dairy (E) Egg (V) Vegetarian (C) Celery (M) Mustard (S) Shellfish (CR) Crustaceans (MO) Mollusks (EC) Echinoidea (N) Nuts (PE) Peanut

(L) Lupin (A) Alcohol (SE) Sesame (F) Fish (Vegan)

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DIPS & SPREADS

Taramosalata blended smooth cod fish roe (G)(F)

Tzatziki (D)(V) yoghurt, cucumber, garlic

Scordalia (V)(Vegan) garlic, potato salad

Humus velvety of chickpeas and tahini dip (V)(SE)(PE)(Vegan)

Fava Beans (V)(L)(Vegan)

Tirokafteri spicy cheese dip (D)(V)

Aubergine Salad (V)(Vegan)

Tuna Dip with mayo (F)(D)(C)

CHEESE STARTERS

Feta Cheese (D)(V) with olive oil, oregano

Cheese Saganaki fried cheese (D)(G)(V)

Feta in the Oven spicy (D)(V)

Feta Saganaki (D)(G)(V)

Feta Saganaki with honey and sesame (D)(G)(SE)(V)

Grilled Halloumi (D)(V)

Mastello goat cheese in oven (D)(V)

Smoked Metsovone Cheese (D)(V)

SALADS

Greek Salad (D)(V) **for 2**
for 4

Beetroot Salad (V)(Vegan)

Boiled Greens (V)(Vegan)

Yellow Melon Feta (D)(V)

Symi Origin tomatoes, onions, caper leafs (V)(Vegan)

Sea Greens (V)(Vegan)

Garden Salad a green heaven for 2 with mint (V)(N)(Vegan)

Manos Green Heaven (N)(G)(V)(Vegan) mix seasonal greens with fruits and avokado

Manos Salad mix greens with **for 2** marinated fish (F)(S)(N)

Octopus Salad (MO)

Mix Seafood Salad (MO)(CR)(S)

VEGETERIAN HOT STARTERS

Sauted Tomato Greek island style with garlic (V)(Vegan)

Fresh Fried Potatoes (V)(Vegan)

Fried Zucchini with tzatziki (D)(G)(V)

Fried or Grilled Peppers (D)(V)

Grilled Vegetables mix (V)(Vegan)

Grilled Aubergine with feta cheese and tomato (D)(V)

SOUPS

Fish Soup of the Day (F)(C)

Prawn Soup (CR)(C)

Frikase with Fish (F)(E)(C)

RAW SEAFOOD STARTERS

Ahinos Shot sea urchin eggs glass shot (EC)

Fouskes hand dived lemon of the sea (S)

Spinallo mother of pearl (S)

Scampie Crudo raw marinated (CR)

Oyster French Type per piece (S)

Lakerda raw turik tuna (F)

Symi Shrimps raw marinated (CR)

Rapana sea snails (S)

Kohlious hand dived sea snails (S)

Petalides hand dived (S)

Porfyres hand dived sea snails (S)

Clams hand dived 6 pieces (S)

Ahinosalata sea urchin eggs in a small bowl (EC)

Sea Bass raw marinated 500 gr (F)

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HOT SEAFOOD STARTERS

Symi Shrimps popcorn shrimps (CR)
Grilled Octopus portion in slices (MO)
Grilled Octopus whole leg, for three or four persons (MO)
Octopus Meatballs fried (G)(D)(E)(MO)
Octopus Symi Style (MO)
Scampie Tales Filleted Fried (CR)(G)(D)(A)
Fried Calamari Rings (MO)(G)(A)
Calamari Symi Style (MO)
Calamari Basiliko with basil and cream cheese (MO)(D)(N)
Stuffed Calamari with cheese & herbs (MO)(D)
Grilled Calamari (MO)
Dolmadakia Seafood (CR)(MO)(D)(E)(A) mix seafood wrapped in vine leaves
Smoked Eel in Oven (F)
Tempura Bass (F)(G)(D)(A)
Prawns in Garlic 350 gr (CR)(G)
Prawns Saganaki (CR)(D)(A)
Prawns Mediterraneo (CR)(D) per piece
Mussels in white wine & garlic (S)(A)
Mussels Saganaki white sauce with feta (S)(D)(A)(M)
Sepia Eggs (MO)(D)(A) black or salsa rosa
Scallop with Lemongrass (S)(D)(A)
Scallop with Shell (S)(D)(A)(E) grill or thermidore
Smoked Mackerel oven (F)
Mix Seafood Saganaki (S)(D)(A)(CR)(MO)

FISHES by PORTION

Fried Sardines (F)(G)
Fried Cod Fillet (F)(G)
Fried Koutsomoura Red Mullet (F)(G)
Steamed Sole Fish with olive oil and lemon (F)

PASTAS

Pasta plain (G)(D)
Pasta with Mussels (S)(G)(D)(A)(N)
Pasta with Prawns (CR)(G)(D)(A)(N)
Symi Divers Pasta with sea snails, petalides, mussels (S)(G)(D)(A)
Mix Seafood Pasta (S)(CR)(MO)(G)(D)(A)(N)
Kritharoto Scampie (CR)(G)(D)(A)
Special Pastas of Your Choice (S)(CR)(G)(D)(F)(A)(N)
As per your choice of seafoods (King crab, lobster, scampie, shellfish, fish) will be charged by kg

FISHES of the DAY by KG

Sea Bass Grilled in Salt the best of Manos for many years (F)
Sea Bream Tsipoura (F)
Melokopi (F)
Scorpion Fish (F)
Sargos (F)
Red Mullet (F)(G)
Grouper (F)
Red Snapper (F)
Dentex (F)

SHELLFISHES PRICE by KG

Clams hand dived (S)
King Prawns (CR)
Blue Prawns (CR)
Scampie frozen (CR)
Scampie fresh (CR)
King Crab Legs frozen (CR)
Lobster alive (CR)
Cray Fish alive (CR)
King Crab alive (CR)

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